

Instructions for HIBICLENS

Shower Prep for Surgery

HIBICLENS WILL HELP REDUCE YOUR RISK OF INFECTION AFTER SURGERY.

SHOWER #1: TWO NIGHTS BEFORE SURGERY- shower with your own products as usual. AFTER rinsing off well, apply a generous amount of HIBICLENS to your wet body with your hands following these guidelines:

The product is to be gently applied with your hands from the neck down to your toes. Be sure to thoroughly clean under your arms, groin and any folds in the skin. Please AVOID applying to your face and genital area. Leave the HIBICLENS on your skin for 2-3 minutes, then rinse off. Gently pat dry skin with a clean towel, do not rub. Do not apply additional soaps, creams, powders or deodorant. Put on clean sleepwear and sleep on clean sheets.

SHOWER #2: THE NIGHT BEFORE SURGERY- shower with your own products as usual. AFTER rinsing off well, apply a generous amount of HIBICLENS to your wet body with your hands following these guidelines:

The product is to be gently applied with your hands from the neck down to your toes. Be sure to thoroughly clean under your arms, groin and any folds in the skin. Please AVOID applying to your face and genital area. Leave the HIBICLENS on your skin for 2-3 minutes, then rinse off. Gently pat dry skin with a clean towel, do not rub. Do not apply additional soaps, creams, powders or deodorant. Put on clean sleepwear and sleep on clean sheets.

SHOWER #3: MORNING OF SURGERY- shower with your own products as usual. AFTER rinsing off well, apply a generous amount of HIBICLENS to your wet body with your hands following these guidelines:

The product is to be gently applied with your hands from the neck down to your toes. Be sure to thoroughly clean under your arms, groin and any folds in the skin. Please AVOID applying to your face and genital area. Leave the HIBICLENS on your skin for 2-3 minutes, then rinse off. Gently pat dry skin with a clean towel, do not rub. Do not apply additional soaps, creams, powders or deodorant. Put on clean sleepwear and sleep on clean sheets. Please arrive in clean clothes.

Medford

2780 E Barnett Road, Suite 200
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(541) 779-6250

Orthopedic Outpatient Center

577 Airport Road
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1780 Nebraska Avenue
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- Avoid shaving the surgical area 48 hours prior to surgery as this may increase your risk of infection. If necessary, shaving of the surgical site will be done by the operating room staff the day of surgery.
- Our pets can carry the same bacteria that we do. Please refrain from sleeping with your pets prior to surgery.
- During the use of HIBICLENS, please use clean towels, clean sleepwear and sleep on clean sheets.

****STOP APPLICATION OF THIS PRODUCT IF YOU EXPERIENCE ANY SKIN IRRITATION OR ARE ALLERGIC TO CHLORHEXIDINE GLUCONATE 4.0%. IF SO, PLEASE NOTIFY SURGICAL STAFF THE MORNING OF SURGERY.****

Please call the office at (541) 472-0603 with any questions or concerns

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